



MEXICO 2023

OCTOBER 24 - NOVEMBER 4

This journey explores the fiery and mysterious land of the Aztecs and much more! Visit the impressive pyramids of Teotihuacan and Monte Alban. Learn LSM with Deaf Mexicans. Learn the world of art, love and life by Frida Kahlo and Diego Rivera. Visit authentic colonial towns including Puebla. Impress your families & friends with your cooking skills by participating in a Mexican cooking class. For the finale, celebrate the Day of the Dead Festival in Oaxaca before returning home with unforgettable experience!

DAY 1

Arrival into Mexico City. Meet your tour guides before transferring to your hotel. Time permitting, do an easy walkabout near the hotel. Welcome dinner. Stay in the heart of Mexico City for five nights.

DAY 2

Visit their *Zocalo*, meaning 'main square', where the Cathedral and National Palace are located. See famous Diego Rivera's murals on the history of Mexico. Also, visit the Templo Mayor, the ancient site of Tenochtitlan. Move on to the Alameda, Palacio de Bellas Artes, and Museo Mural Diego Rivera. Go up the Torre Latinoamericana.

DAY 3

Go out of the city to see the mysterious pyramids of Teotihuacan, "the Place of the Gods." Teotihuacan was one of the greatest sites of the Aztec empire, as well as the largest city in the Americas. On return, stop by and visit the Basilica of our Lady of Guadalupe, the foremost religious shrine for Mexicans.

DAY 4

Museum Day! We will travel to the southern suburbs of Coyoacan and San Angel to see the Frida Kahlo Blue House, the Diego Rivera Studio House, and Coyoacan Downtown, Anahuacalli, & Dolores Olmedo and walk the pleasant, leafy streets.

DAY 5

Go to Chapultepec and visit the Castillo de Chapultepec, Monument of the Ninos Heroes, and the world-famous Anthropology museum.

DAY 6

Morning drive to Puebla and discover why it was named Human Heritage City by the UNESCO. Do a walking tour of the town and see beautifully preserved architecture from the Spanish colonial era, such as the Cathedral Santo Domingo. Stay in Puebla for two nights.

DAY 7 • • •

Pay a visit to the ancient town of Cholula, inhabited for over 3,000 years and considered the sacred city of Mexico. Explore the Great Pyramid of Cholula, admire the church resting atop the pyramid, and learn about the town's fascinating history. On return, end the day with street food tour.

DAY 8 • • •

A leisurely, long drive through the cactus countryside, with brief stops, to Oaxaca, one of the most charming colonial cities in Mexico. After hotel check-in, go for a walkabout around the town and its Zocalo with a local deaf guide. Stay in Oaxaca for four nights.

DAY 9 • • •

For the half-day, go biking or walking along the Zapotec Cultural Trail. Highlights: the famous 2000 year old Tule tree, various villages along the old trading route, 16th century monastery, garlic and corn plantations, a 600 B.C. Zapotec archeological site, and finally, the oldest settlement of the Zapotec people. Have hearty lunch in local town. Feeling hot and sweaty, end your day by soothing your tired body at a petrified waterfall, Hierve el Agua. By early evening, immerse in the 1st day of the Day of the Dead Festival with our local deaf guide(s) as well as mingle with local deaf Mexicans.

DAY 10 • • •

Get your taste buds ready by participating in Oaxaca-style cooking class - you'll go to Mercado de Benito Juarez in the morning to buy the ingredients to cook and eat your own dishes for lunch! Briefly meet a deaf owner of a mole factory, 3rd generation family business since 1952! By early evening, immerse in the 2nd day of the Day of the Dead Festival with our local deaf guide(s) as well as mingle with local deaf Mexicans.

DAY 11 • • •

Start your day by heading to the ancient pyramids of Monte Alban where its stones were used to build Oaxaca by Zapotec Indians more than 1,000 years ago. After lunch, go for an art walk with a local famous deaf artist around town. By early evening, have a farewell dinner. Then, celebrate the final day of the Day of the Dead Festival with our local deaf guide(s) as well as mingle with local deaf Mexicans.

DAY 12 • • •

Take your morning flight to Mexico City for your connecting return flight.

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\$500 deposit per person is required to reserve space. The availability of space is based on a first come, first serve basis. 100% of the balance is required 90 days before the first day of the tour.

\$3,150
per person /double occupancy

12 DAYS

SMALL GROUP of 7 to 14

TOUR MANAGER: Darren Frazier • darren@handson.travel • 888-822-1577

TOUR LEADER: Ronise Barreras

WHAT'S INCLUDED??

- 11 nights in 3-star accommodations.
- 15 meals: Breakfast (11), Lunch (2), Dinner (3)
- Services of a deaf Tour Leader on call 24 hours a day.
- Services of local deaf and/or hearing guides.
- All transportation expenses.
- All admission fees for attractions and museums mentioned in the itinerary.
- Most tips, except for your Tour Leader.
- Informative travel preparation packet.
- Pre-tour and/or post-tour itinerary consultation.
- \$100 discount per person on your next regular tour.

WHAT'S EXCLUDED?

- Domestic and/or international airfares.
- All other meals not mentioned in the itinerary and personal expenses.
- Any COVID-19 related tests.
- Travel insurance.

WHAT TO EXPECT?

- Tour will be confirmed when we meet the minimum number of participants.
- When the tour is confirmed, additional deposits/payments may be required.
- There will be limited airport pick up and drop off windows at the start and end of the tour. Early/late arrivals and early/late departures outside of pick up or drop off windows are not included.
- Substantial amount of walking expected during the tour. Appropriate physical fitness is necessary.
- Please consult the most recent version of the HOT terms and conditions.
<https://handson.travel/resources/terms/>
- Hands on Travel recommends that you purchase a travel insurance plan to help protect you and your travel investment against the unexpected. To learn more, please view the following link:
<https://handson.travel/resources/protection/>
- **Tour itinerary and price are subject to change.**